

DISCOVERY



The Development of Combat Power and Efficiency

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Through the Many Facets of Aerospace Medicine

Lyles gives AFMC a transformation road map

By Sarah Anne Carter

Air Force Materiel Command Public Affairs

WRIGHT-PATTERSON AFB, Ohio—Gen. Lester Lyles, Air Force Materiel Command commander, recently provided a road map for transformation that will guide AFMC to better warfighter support.

According to Lyles, transformation in AFMC is "a journey, not a destination. The world around us is changing. We have to adapt or we'll become irrelevant."

Lyles' transformation road map is centered around four expectations. The first expectation is for AFMC to have an expeditionary mindset and culture.

Having an expeditionary mindset means that AFMC people have to be ready to deploy. And AFMC must also understand that its job is to support the deployed forces - and that's a 24-hour, seven-day-a-week requirement. AFMC will then be ready for war at a moment's notice, Lyles said.

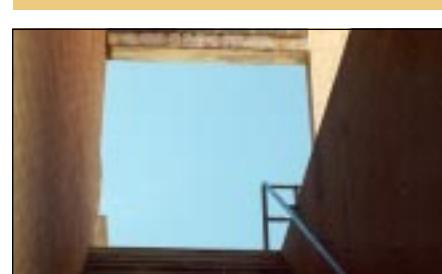
"You don't go to war without AFMC," said Col. Bruce Litchfield, AFMC Transformation Office deputy director. "If we had to change something to support Operation Enduring Freedom, we probably weren't doing it right."

The second expectation is for AFMC to be innovative, adaptive and responsive.

"We have to tap into the talents of

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Brooks tunnels

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Brooks Chiefs,
Eagles prepare to
face off

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Photo by Rudy Purificato

Surgeon general

Col. Anthony Rizzo, director of the Development Center for Operational Medicine, greets the Surgeon General of

the United States, Vice Admiral Richard Carmona, upon his arrival at Brooks earlier this week. Carmona received a medical readiness and capability briefing from Rizzo.

U.S. Surgeon General praises Brooks, SA for medical readiness

By Rudy Purificato

311th Human Systems Wing

The United States Surgeon General this week recognized medical readiness initiatives developed by Brooks, San Antonio and state organizations as an outstanding example of how community-based partnerships can best support America's homeland security.

During Tuesday's Brooks City-Base visit, Vice Admiral Richard Carmona told senior leaders here, "You are the model for the United States." He made his remarks following a Development Center for Operational Medicine briefing that showcased medical response collaborations, strategies and technologies.

Carmona visited Brooks at the invitation of recently retired Air Force Surgeon General Lt. Gen. P.K. Carlton who asked his DCOM director, Col. Anthony Rizzo, to provide an overview of medical contingency planning integration between DoD and Public Health Service agencies.

DCOM was established at Brooks in August 2001 as the central component of the Air Force Surgeon General's initiative to enhance coordination and cooperation between military and civilian agencies tasked with emergency disaster response.

This hybrid organization, a 'think tank' for all aspects of medical operations has been instrumental

in facilitating medical technology development and orchestrating homeland defense medical support planning.

Rizzo outlined numerous DCOM collaborations that included a full-spectrum response review of Air Force Medical Service capabilities; co-authoring with the Texas Center for Medical Strategy, Training and Readiness the National Pharmaceutical Stockpile Plan for San Antonio; and contributions to the Joint Commission's Guide to Emergency Management Planning in Health Care.

"Our plan now is to create a CD-ROM package to export to other sites, based on what DCOM has done to improve medical response and preparation," Rizzo said. Some of DCOM's major contributions to public health and safety involve planning and implementation of numerous disaster preparedness exercises supported by public health emergency responders. Recent exercises to which DCOM contributed include the "Pale Horse" bioterrorism mass casualty exercise that simulated the release of smallpox in San Antonio and the "Dark Screen" cyberterrorism exercise inspired by U.S. Rep. Ciro Rodriguez.

"I'm thrilled to see these capabilities. I always have been a strong proponent of military-civilian partnerships," said Carmona.

During a post-briefing discussion,

Brig. Gen. Lloyd Dodd, 311th Human Systems Wing commander, asked, "How do you mass immunize everyone for smallpox?" Carmona replied, "The President has often asked me about that. We have a lot of smart people working on how to conduct a mass immunization of 300 million people." Carmona admitted, however, that he is primarily concerned about two key issues: persuading Americans to accept the potential health risks associated with mass inoculation, and the psychological effects of a bioterrorism incident on our society.

Dr. Chip Riggins, Texas Department of Health Regional Director, best articulated one of Carmona's concerns when he said, "Public Health must express plans in a way that will vaccinate the public against panic."

Carmona advocates increasing public awareness of how to respond to terrorism. "We have to educate the public as to what to expect and how to react," he said, referring to a clearly defined message that can be understood by everyone within our society, characterized by multiple languages, cultures and educational levels.

Another issue all Americans must come to grips with, Carmona noted, is developing a collective resiliency to terrorism.

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Commentary



"Even minutiae should have a place in our collection, for things of a seemingly trifling nature, when enjoined with others of a more serious cast, may lead to valuable conclusion."

-George Washington, known OPSEC practitioner

Good operational security prevents terrorists from attaining their goal: **Terror**

By Col. Russell Miller

96th Communications Group commander

EGLIN AIR FORCE BASE, Fla. (AFMCNS) — Washington certainly understood the importance of operational security when he fought the Revolutionary War. Today, as we fight a global war on terrorism in the Information Age, everyone must understand what OPSEC is, why it matters and how it relates to their jobs, so they can incorporate sound OPSEC practices.

The premise behind OPSEC is easy to understand. In fact, you've probably practiced OPSEC without knowing it.

Have you ever stopped having your newspaper delivered or put your porch and inside lights on a timer before going on a trip? If so, well, guess what you did? You practiced OPSEC.

By removing "clues" — in OPSEC terms, "indicators" — that you weren't home, like piled up newspapers and a dark house, you tried to avoid being robbed.

In much the same way, our individual bases are our "houses" and our missions, capabilities, intentions and people are the "valuables" inside we need to protect.

Eglin is at the forefront of America's war on terrorism. The weapons we design, acquire, improve and test — together with the people we deploy — provide the very real means our Air Force uses to eliminate the threats to our freedom. Consequently, we must keep our capabilities and intentions safe from our adversaries and sound OPSEC practices are the tools we must use.

As Gen. Lester Lyles, Air Force Materiel Command commander, emphasized recently, "It's clear that the lives of U.S. military and DoD civilians, DoD operational capabilities, facilities and resources, and security information will remain at risk for an indefinite period. Every practitioner of the profession of arms shares a responsibility to understand the impact of OPSEC, which is our first line of defense against hostile intelligence collection efforts including those efforts by terrorist groups. These security measures are key means of preventing, detecting and subverting an adversary's indirect action on our operations."

As you can see, OPSEC matters. We must practice sound OPSEC to keep our adversaries from discovering critical information, unclassified but sensitive information, that reveals facts about our intentions, capabilities, operations and activities.

So, how can you practice good OPSEC?

Despite the diverse missions throughout AFMC, there are some common principles, if

practiced, that would dramatically improve our OPSEC.

We all send e-mails, talk on telephones, use the recycling bins in our offices and discuss details of our jobs with friends and co-workers. From these sources, a trained adversary can put the smallest pieces of information together to reveal quite a bit about what we do and what we plan to do.

Terrorists will try anything and target anyone to get the information they need to accomplish their mission. Intercepting telephone calls, listening to lunch-time conversations at the base exchange, or even rummaging through recycling bins are effective techniques which make all of us possible targets of intelligence collection efforts.

Since we need to take action to protect our security, here are some "common sense" tips:

— Beware of people asking "unusual" questions, people who persistently seek information or curious people who seem "out of place" by trying to listen in or join your conversation.

— Pay attention to where you talk about your job, and pay special attention to who may be listening in. Don't talk about rumored or real world military commitments outside your work area. Don't make our enemies' jobs easier by "talking around" a subject or using code words either over the phone, in person or via e-mail.

— Cell phones are extremely unsecure. Do not discuss information designated "FOR OFFICIAL USE ONLY" or critical information on a cell phone.

— Watch the content of your e-mails, especially if sending information off base.

— Shred paperwork containing sensitive or "FOR OFFICIAL USE ONLY" information before you recycle.

— If someone unfamiliar requests information via e-mail or phone, verify who he or she is and why the information is needed. If you are still unsure about their "need to know," contact your unit OPSEC manager. OPSEC awareness and smart day-to-day practices are key to effective operational security.

With AFMC on the front lines of America's war on terror, I challenge each of you to understand your unit's critical information items and to help your unit OPSEC manager develop and execute an effective OPSEC program.

We need to integrate good, sound OPSEC procedures into everyone's everyday routine. Let's not allow our enemies to use our own information against us and put American lives at risk.

For more information, call your unit OPSEC manager.



Friend or foe?

Strict policy governs on-base commercial solicitation

By Capt. Julie Jiru

Brooks Legal Office

Occasionally off-base commercial entities, such as life insurance companies and financial institutions, will request to solicit Department of Defense personnel on base or at their place of duty.

While for the most part these businesses are sincere in their desire to help base personnel by offering quality products, this is not always the case.

In order to protect personnel on base from unscrupulous practices or business solicitations, the DoD has a strict policy concerning on-base commercial solicitation. Specifically, DoD Directive 1344.7 prescribes certain requirements that must be met before permission can be granted for on-base commercial solicitation.

While terms such as base and installation may no longer accurately describe Brooks, the rules still apply to the solicitation of all members on duty, as well as solicitations occurring within the workplace at Brooks.

Under all circumstances, the solicitor must be licensed under all applicable laws and comply with installation regulations. Potential solicitors must also have permission to solicit on base from the installation commander. Organizations involved in sales may display literature pertaining to their product in selected locations, but only after they have the commander's permission.

Solicitors are also allowed to conduct personal commercial solicitations if they make a specific appointment with an individual and meet either in family quarters or at a place designated by the installation commander.

DoDD 1344.7 also carves out specific rules concerning the sale of life insurance and securities. Sales of these products can only be done by insurers and their agents who are authorized to solicit on DoD installations.

Finally, the DoD has issued new guidance relevant to educational programs conducted by commercial agents, including representatives of loan, finance, investment and insurance companies. Specifically, non-governmental, non-commercial organizations educating on personal financial affairs may only provide educational programs or materials, with the appropriate disclaimers, if they are approved by a presidentially appointed, senate-confirmed civilian official of the military department concerned. Even then, presentations by these programs can only be done at the express request of the installation commander.

The directive provides a clear list of prohibited practices concerning commercial solicitation. Generally, solicitation to a mass audience is not allowed, nor is making appointments with or soliciting military personnel in an on-duty status.

Supplying, or attempting to supply, a roster of DoD personnel to be used for commercial solicitation is also prohibited. Soliciting door-to-door or advertising addresses or telephone numbers of commercial sales activity on the installation is not allowed either, except for authorized activities conducted by members of military families residing in family housing.

Obviously, there are numerous restrictions governing on-base commercial solicitations and solicitation of members on duty.

Contact the Brooks Legal Office at 536-3301 for specific guidance or more information.

Transformation

Continued from Page 1

the people out there," Litchfield said. "We need to understand the threats and vulnerabilities to our nation and turn that into systems warfighters want, need, can afford and know will work on the battlefield."

AFMC is listening to the warfighters and is responding by creating new technology or adapting what currently exists. Innovation means looking forward and anticipating the warfighting capabilities needed in the future and focusing efforts now to develop and field those capabilities.

A third expectation is for AFMC to be easy to do business with. AFMC works with customers on a daily basis - whether they're internal customers, other major commands or headquarters Air Force.

"We need to be less programs-based and more capabilities-focused for our customers," Lyles said.

"Instead of our customers saying they need a plane and going to a specific organization in AFMC, we want our customers to say they need to prevent the enemy from doing certain activities and then look to AFMC to provide those capabilities."

According to Litchfield, it should be easy to call this command and get answers, but it sometimes seems that you have to be an expert on AFMC to know whom to contact. And AFMC is often so functionally or system organized, requirements or solutions aren't communicated to other functional areas. Hence, AFMC now has a new emphasis on enterprise leadership.

Doug Fleser, AFMC Transformation Office program manager, said AFMC should examine how it acts toward its customers. "We have to ask ourselves, 'Would I do business with a company that treats me this way?'"

The final transformation expectation is for AFMC to be effective and efficient.

"None of us wants to deploy with second rate systems," Fleser said. "And none of us wants to do it for more than it should cost."

“ Every day when you come to work you should be thinking about providing the best capabilities to the people in harm’s way that have to use them. ”

Gen. Lester Lyles
AFMC commander

The Air Force must dominate on the battlefield. AFMC needs to develop the capabilities to do that while still being good stewards of the money it has.

"We have to work within the constraints expected by the taxpayers," Litchfield said. "And we're all taxpayers."

These four expectations for AFMC transformation can be applied by everyone and to every process in the command.

"It's hard for me to think of anyone in this command of 80,000 plus people who isn't involved in some way in generating air and space power for our nation," Lyles said.

"Every day when you come to work you should be thinking about providing the best capabilities to the people in harm's way that have to use them. And if you develop that mindset and understand that every day someone has the potential to be shot at and that drives your actions - whether you're on the line at a depot, in a program office, in the laboratory or in a flight test center - these expectations should help focus your effort in delivering war-winning capability."



Chapa, Duggan reflect right 'Image' for Hispanic award

By Rudy Purificato

311th Human Systems Wing

Two Brooks City-Base employees with a reputation for helping others through community service are the 2002 recipients of the "Outstanding Hispanic Woman Role Model" Award.

Image De San Antonio presented the award to Emma Chapa and Rita Duggan during "Women's Equality Day" Aug. 29 at Fort Sam Houston.

Image was founded to encourage and promote the advancement of Hispanic Americans through employment opportunities, education and professional development. The Air Force has partnered with Image for many years on initiatives supporting the organization's charter objectives.

"I was surprised, because the club does not give this award to its members," said Chapa who became a charter member in 1994 when she was appointed Brooks Hispanic Employment Program Manager.

Chapa currently serves as administration manager for Dr. Brendan Godfrey, 311th Human Systems Wing deputy director.

Duggan, who serves as the 311th Mission Support Group deputy director, said, "I am very honored to be a part of this group. I didn't start out to be a role model. I've worked at not turning down opportunities."

Chapa praised Duggan for her many contributions. "She is very busy (professionally), but has been a volunteer and leader for many community-



Chapa

based organizations."

Duggan's community service activities include support of the Hispanic and Greater San Antonio Chambers of Commerce as a member of the 2002 Leadership Class. She represented Brooks City-Base and the Air Force as the 2001 Brooks Ambassador during Fiesta, and continues to be a major supporter of the arts in San Antonio through her participation in various theatre programs.

A San Antonio native, Duggan began her Air Force civil service career at Kelly Air Force Base in 1979. During her Kelly tour, she was appointed Federal Women's Program Manager for the Directorate of Materiel Management. She subsequently earned the FWP's Supervisor Award for her outstanding leadership in inaugurating women's awareness/developmental programs for more than 1,900 employees. In 1992, Duggan became the first Hispanic female to be pro-



Duggan as a local theater "chorus girl", one of her many community activities.

I didn't start out to be a role model. I've worked at not turning down opportunities.

Rita Duggan

311th MSG deputy director

oted to a GM-14 logistics management specialist position at Kelly AFB.

Chapa has been equally active as a major supporter of youth and community programs. "I like working with youth," she said, referring to her work as a past mentor at Rogers Middle School and her on-going contributions to help raise funds for student scholarships.

Chapa is also a member of the League of United Latin American Citizens Council 649 and the Brooks Heritage Foundation, and is former

chairperson for Service, Employment and Redevelopment.

Chapa's work has led to many previous awards including the U.S. Air Force Distinguished Equal Employment Opportunity Award in the Hispanic Employment Program category; the Air Force Angel Award for Volunteerism; The Air Force Association Dan Berkant Award, Information Manager of the Year Award; National Image Women's Action Committee Award for Outstanding Service and LULAC Council 649's Outstanding Mother of the Year Award in 1997. Besides the recent Image honor, Chapa also received the Yellow Rose of Texas Award from Governor Rick Perry.

She considers her greatest contribution to society is having helped raised two very successful daughters. Her youngest daughter Maria Dolores graduated from Columbia University with a degree in biology and later earned a medical degree from the University of Texas Health Science Center. She is currently fulfilling her Pediatrics and Internal Medicine residency in Galveston. Lupita, Chapa's oldest daughter, earned a bachelor of science degree in chemical engineering from Yale University, a master's degree in environmental health from Harvard University and a doctorate degree in environmental health from UCLA where she serves on the faculty of the Environmental Public Health Department.

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SPO's IPT earns base's top prize

By Rudy Purificato

311th Human Systems Wing

A 311th Human Systems Program Office team's contributions to nuclear, biological and chemical defense has earned Brooks highest award. The SPO's Nuclear, Biological and Chemical Defense Systems Integrated Product Team is the recent recipient of the 311th Human Systems Wing's Commander's Award.

It is the sixth time a SPO organization has won the base's top prize outright. Including the three times it has shared the honor with other base units, the SPO has earned more Commander's Award trophies than any other unit on base.

The SPO IPT earned the most recent honor for hosting what has been characterized as "the best NBC warfighter conference" in Air Force history. The event attracted Joint Service NBC program development partners from the U.S. Army, Navy and Marine Corps.

The conference served as a timely venue for a joint service programs status review of key NBC commodity areas including contamination avoidance, individual protection, collective protection and decontamination. The event also provided a forum for all Air Force Major Command NBC warfighters to discuss and resolve real-world NBC issues.

The significance of having successfully staged this bi-annual conference wasn't lost on 311th HSW Commander, Brig. Gen. Lloyd Dodd, who knows that one of the DoD's top priorities is NBC defense to counter growing threats posed by chemical and biological weapons.

IPT members are Art Colunga, Jose Martinez, Dave Manchester, and Capt. Todd Richie.



Photo by Airman First Class Samantha Shieh

311th Mission Support Group Commander Col. John Bowley, was just one of Brooks' senior leaders who got their annual flu shot from 311th Medical Squadron members following a recent staff meeting in Bldg. 150.

Flu shots essential for mission readiness

By Rita Boland

Staff writer

The commanders of Brooks have received their influenza

shots and immunizations should be available for the rest of the base in the next four to six weeks.

"Bottom line, immuniza-

tions are a readiness issue and everyone has a responsibility to be ready," said Brig. Gen. Lloyd Dodd, 311th Humans Systems Wing commander. "By the way, getting the flu is a bummer."

Members of the 311th Medical Squadron administered about 40 shots after the staff meeting Oct. 8, starting with Dodd.

"Many people complain that the shots are 100 percent effective. They always come down with the flu after getting immunized," said Lt. Col. Tom Hayes, clinic commander.

"Well, those days are over, the shot is now safe and effective, and much better than getting sick in the middle of a deployment. We want everyone to take advantage of this opportunity to enjoy a healthy holiday season. Come on in and get your shot while supplies last."

The clinic recently received a shipment of 550 shots and will administer the shots Oct. 30 at the base gym from 8 a.m. to noon. These shots are for

all active duty military.

Flu shots are mandatory for active duty members.

"(The shot) didn't hurt," said Col. Tom Travis, U.S. Air Force School of Aerospace Medicine commander. "This is a very simple but very important force protection issue."

Approximately 20,000 Americans will die from flu complications this year, though immunizations can be given to anyone six months and older, including pregnant women.

People receive flu vaccinations in the Fall, vaccinating against the strains of flu expected to circulate in a particular winter. The flu season begins in November and peaks between late December and early March.

The immunizations are generally 70-90 percent effective against the flu.

Individuals who get flu shots and still contract the illness usually experience fewer complications and milder symptoms than those with no immunization.

People spread the disease through coughing and sneezing and symptoms last from a few days to more than two weeks.

"Every year it is demonstrated that the flu virus is responsible for loss of productivity in the workplace and in some cases, for the at-risk population, even death," said Col. John Bowley, 311th Mission Support Group commander. "When we can do something so simple as take a flu shot—it's just imperative that we take (advantage of) this wonderful, free opportunity that our clinic provides."

According to Capt. (Dr.) Jason Hayes, clinic personnel hope to receive 2,500 total shots, with shipments of 500 arriving every two to three weeks.

As more supplies arrive, other Brooks personnel will have the opportunity for vaccination.

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Building 749 expansion marks first major City-Base construction project

By Rudy Purificato

311th Human Systems Wing

The 311th Communications Squadron's Network Control Center in Bldg. 749 is undergoing a historically significant facelift as the first major construction project of the Brooks City-Base era.

Site preparation work for a 40'x75 foot addition began last week, one of several projects that is providing local contractors with multiple small business opportunities.

"We're expanding the building so we can reclaim our computer message center," said Darryl Tolliver, 311th Communications Squadron Information Systems flight chief. Tolliver said the \$950,000 Air Force Materiel Command-funded project is part of the Air Force Server Consolidation Plan.

The project will resolve employee overcrowding in the message center by providing enough workspace in the building addition to accommodate 16 people, explained Tolliver. Also planned is the construction of a large conference room, kitchenette, handicapped accessible restrooms, new furniture and renovation of the air conditioning and electrical power systems. "The plan includes a significant upgrade of power capabilities for server support," Tolliver said.

Constructors and Associates Inc. of San Antonio is the project's general contractor. Project completion is tentatively scheduled for January or February 2003.

One local subcontractor who is benefiting from this and other Brooks City-Base work is Daryl Slye, owner



Photo by Rudy Purificato

Contractor David Massengale levels the ground for an addition to Bldg. 749, the first major construction project in the Brooks City-Base era.

of Advanced Site-Works of San Antonio. "We're doing all of the site work for a type II limestone base pad," Slye said, explaining that preparation included demolition of Bldg. 749's concrete stairway, sidewalk and handicapped ramp.

Prior to this project, Slye's company demolished the concrete islands at Bldg. 749's parking lot before resurfacing them with asphalt. "I've had several projects at Brooks, including the renovation of earthen berms to improve drainage at Bldg. 1192, the installation of underground communications ducts at Lyster and Ocker Roads on the old flight line, sidewalk work throughout City-Base and a \$65,000 project involving the installation of all-weather pads for EMEDS."

Slye believes Brooks City-Base will provide many local businesses opportunities to grow. "I'm fortunate to have been competitive on my bids. This has been a great opportunity for me. I have lots of opportunity for work. I plan to open a branch office here," he said.

Combined Federal Campaign kicked off with emotion

By Rita Boland

Staff writer

The Combined Federal Campaign began Oct. 2 at Brooks with an emotionally-charged kick-off breakfast at the Brooks Club. Guest speaker Leslie Mouton, a KSAT-12 anchorwoman, recounted for the crowd her battle with breast cancer and the fear and pain of losing her hair.

"Any hair day is a good hair day," Mouton said. "That's my new motto."

After being diagnosed with the disease, Mouton became a spokeswoman for breast cancer awareness. She gained national recognition when she anchored the nightly news bald while undergoing chemotherapy. She made appearances on Oprah and several news programs.

When Mouton went public with her disease, she received support, and some surprises, from the public.

"I knew I had an obligation to go public," Mouton said.

She also said she was amazed at the number of young women who didn't think they needed to do breast exams and older women who said if they had cancer they wouldn't want to know.

"If you have cancer, you're going to know," Mouton said.

Mouton is married to an Air Force pilot, Tony, who shaved his head and kept it bald to support his wife during her chemotherapy.

As Mouton told her story and showed video of her bald newscasts and talk show interviews, the room became silent and then tearful. People cried in sympathy and people cried with inspiration, until the entire room erupted in a standing ovation.

"It should not take a life-threatening disease to make people appreciate life," Mouton said. "It's only here for a little bit of time. CFC is an opportunity to give back."

"People need to give money where they think it needs to go," she said. "(This)



Mouton

is more to raise awareness."

As a token of appreciation, 311th Human Systems Wing Commander Brig. Gen. Lloyd Dodd presented a commemorative plaque made of wood from the original Hangar 9 doors and a commander's coin to Mouton.

"I believe we are truly blessed to have (Mouton) here today," Dodd said.

In his opening remarks, he too stressed the importance of the CFC as a chance for the military community to give back some of the blessings they have received.

"To me the CFC is not about meeting quotas, it's not about metrics," Dodd said. "To me it's about caring. That's what the CFC is really about—sharing the caring."

The San Antonio area has traditionally raised among the largest amounts of money for charities during the CFC. In 2001, the San Antonio area raised the third-highest amount of money, totaling more than \$5 million.

Military and civilian government employees can donate money through the CFC in a lump sum or through monthly allotments. Non-government contractors can also participate but must make a one-time donation.

CFC runs through Nov. 13 at Brooks.



ACTIONLINE

536-2222



The COMMANDER'S ACTION LINE is your opportunity to make Brooks a better place to live, work and play.

If you have a suggestion for improvement, a complaint or a problem that you have not been able to resolve through normal complaint channels or the chain of command, call the COMMANDER'S ACTION LINE, 536-2222.

Only items of general interest will be published, so please leave your name and number for a personal response.

The base agencies listed below can be contacted directly:

311th Security Forces Squadron	536-2851
SFS after duty hours	536-2851
311th Civil Engineer Squadron	536-3861
311th Communications Squadron	536-6571
311th Air Base Group Logistics Division	536-3541
Safety	536-2111
Housing Maintenance	533-4100
Housing Office	536-1840
311th Services Division	536-2545
311th Medical Squadron (Clinic)	536-4715
Military Personnel	536-1845
Civilian Personnel	536-3353
Military Pay	536-5778
Civilian Pay	536-8370
I.G. (FWA)	536-2358
Military Equal Opportunity	536-2584
EEO Complaints	536-3702
BXMarket	533-9079
Brooks Development Office	536-3372
Brooks City-Base Marketing and Development Office	536-5366



Brooks Family Support Center activities

Call 536-2444 for information

Resume workshop

10 a.m.-noon, Oct. 22, Bldg. 537 —

Learn the different resume styles and how to write and use them effectively to open career opportunities, and learn the do's and don'ts of resume development. As an added bonus, learn how to develop impressive cover and thank you letters.

Retirement planning

11 a.m.-1 p.m., Oct. 23, Bldg. 537 —

Everyone has different retirement dreams. For some, retirement is a time to travel the world, buy a dream vacation home, or simply take up a new hobby. Whatever your dreams, you'll need a solid financial foundation to help you get where you want

to go. Attend this workshop to find out how you can make your dreams come true.

Veteran's benefits assistance

8 a.m.-noon, Wednesdays, Bldg. 537 —

Do you have questions about your VA benefits or need assistance filling out your VA claims? A VA representative is on-site every Wednesday to provide consultations, medical record screening and assistance with medical claims, by appointment only. Two copies of medical records are required. Call 536-2444 to schedule an appointment.

Common sense parenting

11 a.m.-1 p.m., Tuesdays, Bldg. 618 —

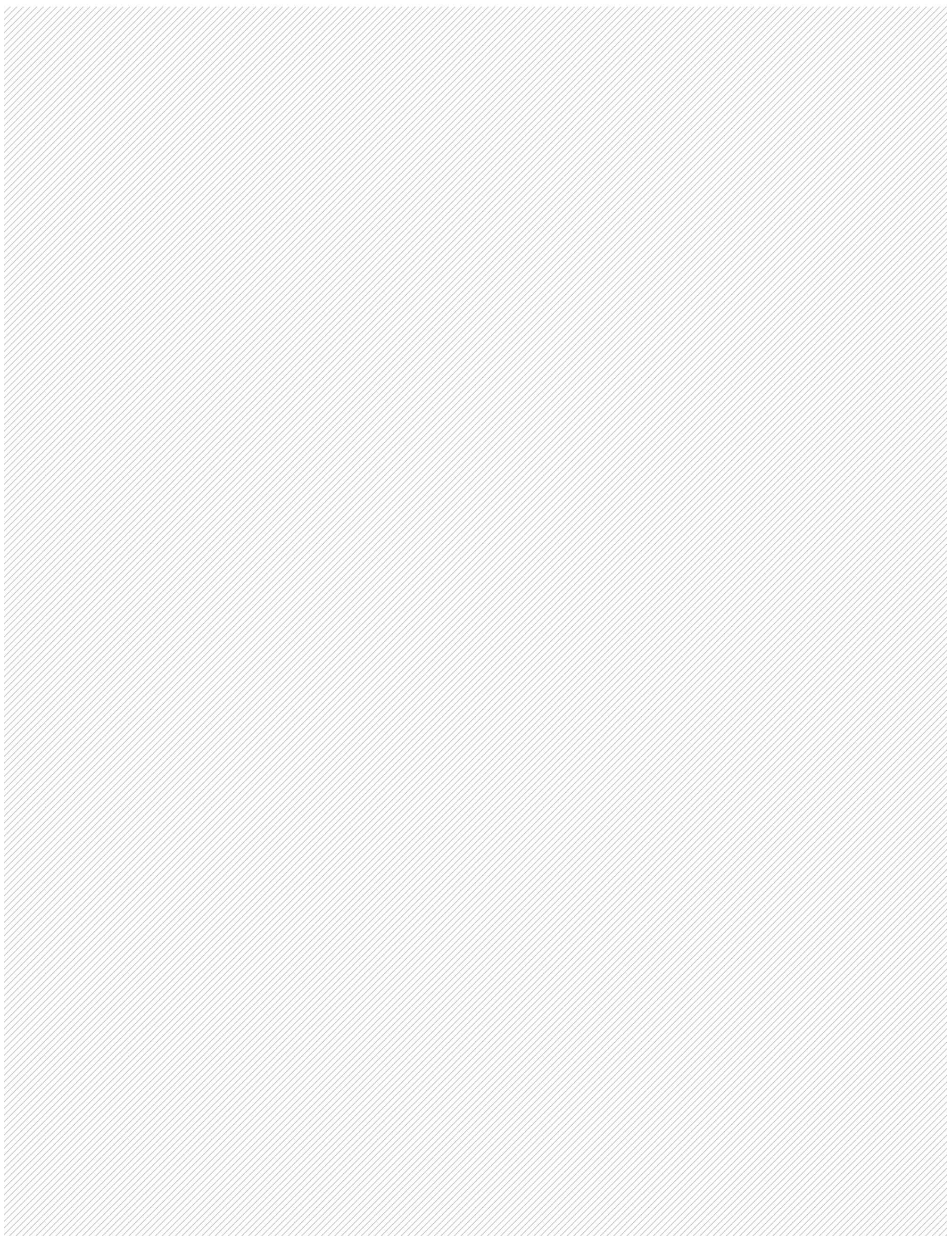
This six-week class is hosted by the Life Skills Support Center, Family Advocacy Program and the Family Support Center. It's a program designed to teach parent skills that will encourage positive behavior, discourage negative behavior and teach alternatives to problem behavior. Topics include setting clear expectations, positive and negative consequences for behavior, staying calm and teaching self-control, effective praise, preventive and corrective teaching, helping children make decisions and more.

Call 536-2444 for details on classes at Brooks.

Domestic violence month

October is Domestic Violence Awareness Month. Throughout the month government personnel are encouraged to join in the attempt to prevent the occurrence and reduce the severity of maltreatment in families.

Contact the Family Advocacy Program, at 536-5301 for more information.







'D.I.C.E. man' says don't gamble on security

By Rudy Purificato

311th Human Systems Wing

Wearing an outfit befitting a Las Vegas lounge singer, he would never consider being Spiderman's sidekick for fear of the entangling alliance.

As the National Security Agency's provocative 'D.I.C.E. man,' Ray Simko fervently advises federal employees not to gamble on security because it's a safe bet that the enemy will exploit targets of opportunity.

The D.I.C.E. man brought his high energy, in-your-face act to Brooks last week not to entertain people, but to persuade them that they are the first line of defense against espionage, terrorism and breaches in security.

"I created D.I.C.E. on October 1, 1989. When you think of security, you're going to think of me," said Simko, a former counterintelligence special agent who is part of NSA's Interagency Operational Security support staff.

The 53-year-old Pittsburgh, Pa., native and U.S. Army Vietnam veteran has spent the last 10 years on the road promoting security awareness with his show on Defense Information to Counter (terrorism) Espionage, nicknamed D.I.C.E.

“ We need to get our information security and technology superiority back right now. ”

Ray Simko
National Security Agent

His unusual OPSEC act is mostly comic, always deadly serious and customized for his audiences.

Before arriving at Brooks, he scanned the Discovery and other local newspapers to find information that could possibly be useful to enemy intelligence personnel. He read passages from both the base paper and another publication that provided what he characterized as 'sensitive information.'

"Criminals are the most intelligent people on earth. The smartest people are usually bad," he said.

He noted that the new Brooks City-Base designation is an open invitation for intelligence operatives to become more active here. "You're much more of a target now than before when you were an Air Force base,"



Photo by Airman First Class Samantha Shieh

National Security Agency's 'D.I.C.E. man,' Ray Simko, briefed the Brooks community on operational security during a recent visit. Simko, a former counterintelligence special agent, spends his time promoting security awareness with his show on Defense Information to Counter (terrorism) Espionage.

he said.

He referred to the Sept. 11, 2001, terrorist attacks as a lesson to Americans that our enemies are no longer intimidated by us. Simko cited a post-9/11 news report on the front page of a Beijing, China, newspaper which said, "9-11 marks the decline of the United States as a superpower."

"We need to get our information security and technology superiority back right now," Simko empathetically said, adding, "It is important for us to get smarter (about security) in a hurry. We took for granted that mostly bad

things happen elsewhere in the world. We lost 3,000 people that day."

Simko outlined OPSEC laws using key questions that everyone must ask themselves: If you don't know the threat, how do you know what to protect? If you don't know what to protect, how do you know you are protecting it?

He also reviewed the OPSEC process that considers critical information, threat and vulnerability analysis, risk assessment and countermeasures.

"Our biggest threat is the volunteer spy, a person with a security clearance," Simko

said. He explained that everyone who works for the government is a potential target of espionage.

"Don't give up information easily, either personally or professionally," he said, referring especially to the sexual entrapment ploy.

Simko said caution and observance are important countermeasures. "If you observe something out of place, something is probably not right. Report it."

To obtain a free videotape copy of the D.I.C.E. man's briefing, access www.ioss.gov.

Rudolph.Purificato@brooks.af.mil



NEWS briefs

Acquisition & Logistics Excellence 2002

This year, each DoD Service, Agency and Organization has selected a time during 2002 to focus on acquisition and logistics excellence, to share implementation successes and challenges, and to determine how best these successes can be applied to their respective missions. Brooks, in partnership with the Cryptologic Systems Group at Lackland Air Force Base, is supporting the "Acquisition and Logistics Excellence 2002" event Oct. 30 at the U.S. Air Force School of Aerospace Medicine. This one-day event is open to all acquisition personnel including program managers, engineers, contracting specialists, logisticians, and others at Brooks and the Cryptologic Systems Group. The complete agenda and registration forms are on-line at: <https://hswya2.brooks.af.mil/common/milgov/ALE/SignUp.htm>.

Marriage retreat

The Brooks Chapel will host a marriage retreat Oct. 25-27 at the Flying L Ranch in Bandera, Texas. Cost for the weekend is a minimum donation of \$25 per person, which includes two nights lodging, all materials for the retreat and every meal except Sunday lunch. Maximum donation per person is \$100. Retreat attendees do not have to be participants in the services at the chapel. Programmed activities are available for children 3-12, but the primary emphasis of the retreat is marital. Susan and Jay Rodgers from Wichita Falls, Kan., will lead the retreat. Both are licensed members of

the American Association of Christian Counselors. Session topics include scriptural foundations for a great relationship, personality differences: needs, strengths and weaknesses, talking and listening that works, how to have a great sex life, and forgiveness and healing. Recreational activities include an 18-hole golf course, evening hay ride to riverside bonfire with cowboy rope tricks, biking, tennis, swimming and fishing. There is also a playground for the children.

For more information or to register, contact Chaplain (Maj.) William Cannon at 536-4565.

Toastmasters social

Brooks Hangar 9 Toastmasters hosts a social Oct. 30 from 11:30 a.m. to 12:30 p.m. at Hangar 9. The theme, "Culture by Culture: We are Bridging the Communication Gap," focuses on making effective communication a worldwide reality. All Brooks personnel are invited to experience a Toastmasters' meeting and the challenging communication skills of its' members. The social includes a member contest for the most guests invited, door prizes and "international flavor" refreshments.

Guest speakers are Mary Anderson, botanist at the Air Force Center for Environmental Excellence and Humorous Speech Contest winner, 1st Lt. Valentin Swegle from the Air Force Research Laboratory. Swegle will present her dynamic award-winning speech. For more information, contact Rita Lassiter at 536-6379, Yolanda Carrisalez at 536-4206 or W. Mae Lewis, coordinator, at 536-3435.

Children's symposium

The Biennial Scientific Symposium on Children's Health as Impacted by Environmental Contaminants is scheduled for Nov. 1-2 at the U.S. Air Force School of Aerospace Medicine. Learn about current research supporting four major reasons for the increasing concern about the effects of environmental pollutants on infants and children.

The symposium provides the latest information needed to understand, recognize, and prevent children's exposure to environmental toxicants while addressing recent trends, exemplary projects and current research in developmental effects, asthma and respiratory diseases, endocrine disrupters, and childhood cancer. Participants will be provided with an overview of biological and chemical terrorism and a Nationwide Environmental Public Health Tracking Network, which documents links between environmental toxins and chronic diseases. The symposium is sponsored by the Children's Environmental Health Institute, National Institute of Environmental Health Sciences, Physicians for Social Responsibility, Texas Medical Association, The Public Center for Environmental Health, and the U.S. Air Force School of Aerospace Medicine, Brooks, and the Air Force Base Conversion Agency. For more information about the symposium, to download the registration form or register on-line, visit www.cehi.org.

Altitude test subjects

Altitude test subjects needed: Help provide F-22 pilots, high altitude para-

chute personnel, high altitude reconnaissance pilots and astronauts with adequate equipment and procedures to accomplish their missions without distraction or hazard resulting from exposure to altitude. Several research protocols are being conducted at the High Altitude Protection Laboratory at Brooks to accomplish this mission. Hypobaric (altitude) chamber test subjects can earn \$150 per month for participating in at least one session per month. Each subject must meet Air Force body fat or height/weight standards, be a non-smoker for at least 2 years, be between 18 and 50 years of age, and be able to pass an appropriate physical exam. Contact Heather Alexander at 536-3440 or Jim Carlile at 536-3546 for more information.

Defender Challenge

Force protection specialists and law enforcement professionals from all San Antonio-area military bases are invited to the annual Defender Challenge Vendor Day at Lackland Air Force Base's Arnold Hall, Bldg. 5506, Oct. 24, from 8 a.m. to 3 p.m. Additional displays will be set up in the adjacent Bob Hope Theater parking lot.

More than 50 vendors will exhibit and demonstrate the latest in force protection technology and equipment at the event, sponsored by Headquarters Air Force Security Forces Center. Vendor Day is held in conjunction with Defender Challenge 2002, the Air Force's worldwide Security Forces competition. Vendor Day is open to all persons authorized access to DoD installations. Call Capt. Allen Collica at 925-5617 for more information.



Brooks Family and Teen Talent Show prompts 'American Idol'-like interest

By Rudy Purificato

311th Human Systems Wing

While no one who participated in the Brooks Talent Show earned a recording contract, everyone who attended the base's version of an "American Idol" contest acknowledged the diversity of the city-base's gifted performers.

Hosted by the 311th Mission Support Squadron's Services Division, the Oct. 5 entertainment spectacular at the Brooks Club attracted hundreds of fans and an array of acts worthy of television's legendary Ed Sullivan Show.

"It's the first time we've had a talent show here in many years," said event creator Vida Marsh, Service's new Marketing Department director. Participation was limited to Brooks active duty military personnel, civilian employees and their dependents.

The competition was divided into eight categories. Samantha Hanna's preciously performed country music routine using toy animals as props earned her top prize in the children's 6-8 category, despite opponent Sierra Fuentes' valiant performance of Lee Greenwood's hit "God Bless the U.S.A."

The Mitchell Brothers' duet performance of "Say I'm Just A Friend" earned Demarquis and Dequan first place in the pre-teen 9-12 group. "C3," a musical group composed of David, Patrick and Frances Cortez, finished second with their arrangement of Richie Valens' hit "La Bamba" and Chubby Checker's "Twist & Shout."



Tech. Sgt. Roy Roscoe, of the Brooks Legal Office, won the adult solo competition with his rendition of "Don't Let the Sun Go Down on Me."

Unopposed in the pre-teen 9-12 solo category, piano virtuoso Joshua Mohandas wowed the crowd with his musical versatility by performing a medley featuring composers Beethoven, Scott Joplin and Samuel A. Ward.

Justin Miers earned top honors in the teen 13-15 solo category with an instrumental keyboard performance that showcased his mastery of the synthesizer. Placing second was Alaina Leal for her rendition of "Who Is the Girl I See?"

The teen 16-18 solo category produced some highly competitive acts. Kyomi Marsh won the competition with her rendition of pop star Monica's hit "Before You Walk Out of My Life." Placing second was Jessica Ray for her Joan Baez-like folk song "May Angels

Lead You In." Chelsy Harrison's powerful soprano performance of Celine Dion's hit "Because You Love Me" earned her third place.

Pat Bennett and son Sean won the parent youth category unopposed with a Christian music duet.

The 'heavyweight' category of the night was the adult solo competition in which five contestants demonstrated a variety of musical styles. Roy Roscoe won first place on the strength of his polished performance of "Don't Let the Sun Go Down on Me" that featured his trademark falsetto voice. Bennie Mitchell, an Army soloist, finished a strong second by serenading his two sons with the poignant song "I'm Only One Man." Other top-flight talent who competed were Eddie Bernal, who plans to try out for "Tops In Blue," and Larry Beasley and Jack



Photos by Rudy Purificato

Kyomi Marsh, daughter of Master Sgt. Andre and Vida Marsh, both Brooks employees, won the teen 16-18 solo category.

entry won over the audience with their clowning and exuberance. "For those who couldn't hear it, that was just a great beat!" exclaimed Ty Richards, the lead soloist of the duet that included Barry Sasse. Their Bruce Springsteen-like performance of "Tears on the River" provided a 'musical exclamation point' to the evening's competition.

Contributing to the show's success, Marsh said, was the Brooks Club staff, community volunteers and support from San Antonio's entertainment business professionals who served as judges. Sharon Soileau, from 102.7 KTFM Radio, served as mistress of ceremonies. San Antonio fashion designer Ivory Narvell staged a mini-fashion show following the talent contest.



Piano virtuoso Joshua Mohanda won the pre-teen nine-12 category with his musical performance.

Selleneit whose songs were performed 'a cappella.'

Initially hampered by a dead microphone, the adult group category's only



Legal NEWS

DoD sets political activity policy for members and employees

By 1st Lt Ryan Froelich

Brooks Legal Office

Most people know that the military, as an institution, must not involve itself in political activity. But what about the people who make up the Armed Forces; what involvement can they have in the political process?

Federal statutes govern the political activities of Air Force members. The statutes are implemented by DoD Directive 1344.10, Political Activities by Members of the Armed Forces on Active Duty.

The Air Force has further implemented the DoD policy in Air Force Instruction 51-902, Political Activities by Members of the U.S. Air Force. The primary purpose of the regulations is to prohibit any activity that associates a uniformed service member with a political cause or candidate.

Many of the regulations are fairly specific; however, other rules make distinctions between activities that are not as self-evident.

Distinctions are based on the difference between partisan and nonpartisan political activities. A partisan political activity relates to candidates or issues representing national or state political parties. By definition, candidacy for national or state office is a partisan political activity, even if the candidate is not affiliated with a national or state political party.

Nonpartisan political activities are not associated with a national or state political party, but involve more isolated political issues, such as constitutional amendments, referendums and municipal ordinances. Local school boards and neighborhood planning commissions are often classified as nonpartisan political activities.

Active duty military members and Federal civilian employees generally have more leeway in participating in nonpartisan political activities.

Some general "Do's" and "Don'ts" regarding political activity for active duty military members follow. An active duty military member may:

- register, vote, and express personal opinions on political candidates and issues.
- encourage military members to vote as long as it does not constitute an attempt to influence or interfere with the outcome of an election.

- join a partisan political party and attend meetings when out of uniform.

- financially support a political organization, party, or committee favoring a particular candidate.

However, active duty military members may not:

- be a candidate for public office in Federal, State, or lo-

cal government.

- participate in partisan political fundraising efforts or campaigns.

- hold any leadership or clerical office in a partisan party or club.

- attend partisan political events as an official representative of the Air Force or while in uniform.

- use contemptuous words against certain office holders (President, Vice President, Congress, the Secretary of Defense, Governor or legislature of any state in which the member is present for duty.)

- display large political signs or banners on a private vehicle (bumper stickers are allowed).

Reservists and Guard members on active duty for more than 30 days at a time must comply with the same regulations. Those on active duty less than 30 days at a time follow more permissive guidelines.

Reservists and Guard members are distinct from active duty military members in that they may campaign for, and hold, elective civil office as long as such positions do not interfere with the performance of military duties. In fact, there are reservists and Guard members who are Congressmen, state representatives, and city councilmen. However, when campaigning for elective office, a reservist or Guard member must be careful to avoid using their military status as a political selling point. In other words, they must refrain from participating in political activities while in uniform and from using government facilities for political activities.

The rules regarding political activities differ greatly for military members and Federal civilian employees. Unlike military members, civilian employees are governed by The Hatch Act, a Federal law.

While generalities are difficult in this area, it's fair to say that civilian employees shouldn't engage in political activities on government time or at the workplace.

Federal civilian employees may:

- be candidates for public office in nonpartisan elections.

- join, be active, and hold office in political parties and clubs.

- may campaign for or against candidates in partisan elections.

However, civilian employees may not:

- be candidates for public office in partisan elections.

- wear political buttons on duty.

The information is only meant as a guide. As the 2002 Fall elections approach, contact the Brooks Legal Office at 536-3301 if you have specific questions.



Challenger Center visit part of 'space leg' of ACE students' journey

By Rudy Purificato

311th Human Systems Wing

Terrestrial explorers who will journey under the sea and plan a future King Ranch 'experience' recently tethered their unique approach to learning at the Challenger Center to fulfill the 'space leg' of an unusual educational adventure.

Twenty-two highly motivated students from Corpus Christi, Texas, found their space experience at Brooks fascinating and rewarding.

As willing participants in the Accelerated Curriculum Enrichment (ACE) program, these sixth, seventh and eighth graders relish the self-fulfillment that accompanies exposure to unique educational venues.

"This field trip is part of ACE's space, earth and water theme," said J.R. Jones, a Navy veteran and science department chairman at Elliot Middle School in Corpus Christi. He said ACE's purpose is to give academically gifted kids, who have a demonstrated interest in math and science, an opportunity to be involved in hands-on activities outside of the classroom. Traditional teaching methods, he explained, doesn't fully give students an understanding of scientific principles applied to real-world situations.

The Brooks visit gave students an opportunity to simultaneously operate in simulated space as well as perform earth-bound operations at Mission Control. Jones learned about the Challenger Center during a teacher seminar two years ago. "I was networking with a teacher from San Antonio who told me about it," admits Jones. He eventually contacted the Challenger Center staff



Photo by Rudy Purificato

Corpus Christie students enrolled in the Accelerated Curriculum Enrichment program recently participated in a Challenger Learning Center mission.

and was subsequently trained here prior to his field trip.

Their space adventure completes the first leg of their three-subject field trip. Their next stop is the King Ranch where they will learn about land management and geology associated with oil and gas production. Their final adventure will involve exploring the world of oceanography aboard a Gulf of Mexico research vessel bound for the Flower Garden National Marine Sanctuary, located 200 miles east of Corpus Christi.

Lackland prepares for first-ever AirFest

The "Gateway to the Air Force" is revving up for its first-ever AirFest which takes to the skies over San Antonio Nov. 2. AirFest '02 is expected to draw up to 300,000 people from throughout Texas and bordering states. The event is free and open to the general public.

The electrifying Air Force aerial demonstration team, the Thunderbirds, and the ever-popular Army parachute-jumping demonstration team, The Golden Knights, will be the main headliners in a day full of aerial antics, aircraft displays and more.

Other scheduled aerial demonstrations include the Air Force's newest trainer, the T-6A "Texan II," as well as an F-15 "Eagle," P-51 "Mustang" and an AT-6 "Texan." Gene Soucey's Air Shows will thrill the crowd with their Extra 300S and "Showcat" bi-plane wing-walking act. The "Flying Elvis," impersonators who were made famous in "Honeymoon in Vegas" will jump into the show wearing lighted Elvis jumpsuits. To finish off the day, the Commemorative Air Force will thrill the crowd with a re-enactment of the attack on Pearl Harbor, as "Tora, Tora, Tora" takes to the air.

Static displays will also be on hand, allowing visitors an up close look at many of today's U.S.

military airpower. Aircraft lining the flight line will include nine different types of helicopters, the F-117 "Nighthawk," C-17 "Globemaster III," F-16 "Fighting Falcon," among many others.

There will also be a radio control aircraft demonstration and a performance by the Air Force Tops in Blue.

With security being Lackland's number one priority during this AirFest, visitors will be prohibited from bringing concealed weapons, ice chests, backpacks, large bags, alcohol, glass bottles, skates, skateboards, rollerblades, bicycles and pets, with the exception of seeing eye dogs, onto the grounds. Visitors are encouraged to bring folding chairs, but storage bags should stay at home. Anyone carrying these items will be asked to return them to their vehicle. Small camera bags, diaper bags and purses are allowed.

Shuttle buses will run from Lackland to the AirFest grounds, and pick up visitors at parking areas throughout Kelly USA.

Gates are open from 8 a.m. to 6 p.m. with the Airfest running from 9 a.m. to 5 p.m. The latest information on the Lackland AFB Airfest can be obtained by calling 671-SHOW or visiting the website at: www.lackland.af.mil/airfest.



BROOKS

SPOTLIGHT

Things to do around Brooks

By Jan McMahon
Brooks Services Marketing Office
536-5475

Youth Activities Center

Bldg. 470, 536-2515

The Youth Center staff is selling the 2003 Entertainment Book, just in time for those-hard-to-purchase-for people on your list or for stocking stuffers. They include discounts to local attractions, restaurants, thousands of hotels and more. There are coupons for dining out, informal/carry out food, airfare, car rentals, movies, dry cleaning, car washes, merchandise and services. Books are \$20 each and can be delivered on Brooks. Contact Larry Flores at 536-8130.

It's once again time for the annual Airmen's Cookie Drive. Support the Cookie Drive by providing baked goods that can be wrapped individually. Teens will deliver the goodies Nov. 20 to unaccompanied airmen in the dormitories. Let's make them feel an important part of the Brooks family.

Baked items should be delivered to the Youth Center Nov. 19 so they can be prepared for delivery. Fill out a form and drop it off at the center in advance to help the staff plan the total number of baked items to be delivered.

The Youth Center is taking registrations for Fall Day Camp slated for Nov. 19-21. Register at the center Monday-Friday between 9 a.m. and 5 p.m. Contact Feletia McLaurin for more information.

The annual Turkey Trot is scheduled for Nov. 9, beginning at 3 p.m. The cost is \$3 and includes games and prizes. Youth can participate in the Oreo Stack, Bubble Races, Trivia Quiz and more. First-place winners in all age groups receive a frozen turkey and everyone who participates receives a prize.

Premiere Designs

Bldg. 1154, 536-8648/2120

During the month of Nov., purchase a baker's dozen of helium-filled balloons for only \$2. Individual balloons can be purchased for .20 cents each. Prices are valid while supply lasts.

Holiday greeting card contest

The Services Division holds the 12th Annual Holiday Greeting Card Contest this year. Cards are displayed in the center median from Military Drive to the front gate for the Brooks community to enjoy. Cards must be registered with Jan McMahon at 536-5475 by Nov. 22. Cards will be in place on or before Nov. 26 and must be removed by close of business Jan. 3. Judging is scheduled for Dec. 6.

Each card must depict a holiday theme, must be no larger than 48" x 96" including cut-outs and extensions. Cards must be constructed from at least 1/2" exterior plywood, must have solid support, have sandbags inside to

provide stability; must use waterproof and fireproof paint and have the organization's name on the front of the card. Each organization is responsible for the purchase of materials, construction, painting, placement, removal and annual storage. No electrical moving parts or lights are allowed for safety reasons.

Winning organizations will be issued checks approximately two weeks after judging. Awards are: 1st-place, \$75; 2nd-place, \$50; 3rd-place, \$25; and two \$10 awards will be given for honorable mention.

Design a Logo contest

The 311th Services Division Marketing Department is planning the City-Base Picnic scheduled for June 20, 2003. The picnic is an opportunity for all military, civilian, and city-base employees to come together, and is open to all employees, and family members to come out for a day of fun, games, and entertainment.

The Marketing Department is offering a \$100 cash prize to the individual(s) who create a theme and logo for the picnic. Marketing employees and their family members are ineligible. T-shirts and publicity for the event will feature the winning logo. The logo should be saved as a JPEG and emailed to vida.marsh@brooks.af.mil by Nov. 15. Contact Vida Marsh at 536-8057 for more information.

Sidney's

Bldg. 714, 536-2077

Family Night is every Tuesday from 5:30 to 7 p.m. at Sidney's. Bring the entire family and enjoy a meal for \$4 for adults and \$2 for children, ages 6-10. Children 5 years and younger eat free. All-You-Can-Eat Italian Night is scheduled for Oct. 29 and includes spaghetti with meat sauce, lasagna, vegetable blend, gar-

lic bread and pizza pie. Oct. 22 is All-You-Can-Eat Fried Chicken featuring fried chicken, mashed potatoes, gravy, vegetable and rolls. Where else could you get a meal at this price? Coloring sheets are provided as well as the Cartoon Network.

— Football Frenzy is back. Club members have the opportunity to win a trip to a regular season NFL game, the Super Bowl and the Pro Bowl. Fans can watch the games, enter and win prizes at Sidney's.

Join friends for food and football excitement on the big screen television and, as a member, be eligible to win.

This year the "Punch or Punt" frequency card means more entries and chances to win a trip to the Super Bowl in 2004. Grand prize winners receive a trip for two to see the Dallas Cowboys vs. the San Francisco 49ers, the Super Bowl or the Pro Bowl.

Contact the club for additional information on Frenzy activities.

Outdoor Recreation

Bldg. 1154, 536-2881

Sign-up now for A Nuevo Laredo Shopping Trip scheduled for Nov. 16. Spend the day in Nuevo Laredo and complete your holiday gift list or just shop for yourself. The tour bus will cross the border into Nuevo Laredo and make several stops. Visit Guadalajara Pottery and select unique one-of-a-kind pottery, then the Giganto Mall where you are sure to find everything on your list. Cost is \$25 per person.

The bus departs at 7 a.m., arrives in Laredo at 10 a.m. where brunch will be served, for an additional charge. The bus departs Laredo at 4 p.m. and arrives back at Brooks at 8 p.m.

Call the Outdoor Recreation staff and reserve a seat for the trip.



Morrow

Q&A

FULL NAME:
1st Lt. Josephine May Morrow

DUTY TITLE, ORGANIZATION:
311th Human Systems Wing/FM

WHAT IS MY JOB?
I'll be working in the budget office, specifically with medical funding.

BIRTHDAY:
July 22, 1977

HOMETOWN:
Went to high school and college in Cambridge, Minn., but I was born and spent most of my formative years in Kotzebue, Alaska, and Quincy, Ill.

FAMILY STATUS:
an unnamed cat.

NICKNAME:
"The Outlaw," as in Josey Wales, and Josie

MOTTO:
You can't regret bad life decisions made in good faith and if you truly love the person you are today, you learn from it and never do it again; always be prepared to give 110 percent in life.

INSPIRATIONS:
My mother and father. I'm their No. 1 fan, and they're mine.

HOBBIES:
Flying, motorcycling, reading, running and community service.

PET PEEVE:
I can admire brilliant people that are lazy, incompetent people that work hard, but I have no tolerance for lazy and incompetent people.

BOOK(S) AT BEDSIDE:
Half a dozen — from military history to marketing strategy, self-improvement to science fiction — I have a short attention span and a lot of interests.

I JOINED THE MILITARY BECAUSE:
I woke up and realized one day how fortunate I am to live where I don't have to face persecution for having an unpopular belief, that my family will not disappear if I speak out on issues that affect me and others have those same rights. I've been blessed. I appreciate what this country has done for me and I think it only appropriate for me to express that appreciation — the military is the mode in which I chose to do so.

FIVE-YEAR GOAL:
Become a military aviator, earn an MBA with a concentration in marketing management and run a marathon.

ULTIMATE GOAL:
Die happy, knowing I've lived life to the fullest. What else is there?

Feature

Brooks Personality PROFILE

By Rita Boland
Discovery Staff writer

First Lt. Josie Morrow loves people. She loves to talk to people. She loves to meet people. She gets her energy from people.

"I've had bosses say they're going to limit my caffeine intake," Morrow said, laughing.

In fact, Morrow laughs most of the time. She embraces life, and especially military life.

"I am 100 percent a recruiter at heart," she said. "I think it's pretty obvious I love the military."

That recruiter mentality, coupled with her energy and extraverted personality, made her a perfect ambassador for Brooks.

Morrow represented Brooks many times during the year, but her busiest and most eventful time was during Fiesta.

"The biggest difference about Fiesta is that all the events are squished into 10 days," Morrow said, "but that doesn't mean that any are less important than others."

The hectic schedule didn't faze her at all, as she said she fed off the energy and the chance to meet so many people. Fiesta started with a reception at Hangar 9, where Morrow could have been considered a hostess. Ambassadors, Fiesta royalty, members of the Brooks community and dignitaries attended the reception, which included a touching tribute to Sept. 11.

"It was difficult to maintain my composure when (Brig.) Gen. Lloyd Dodd (311 Human Systems Wing commander) made the presentation to those heroes," Morrow said. "These were people who worked hard and gave their all in the face of such tragedy."

Morrow used her patriotism and love of her country to spread the message of not only Brooks, but the Air Force and entire military to the San Antonio community.

"There are some people who think the purpose of the military is to go to war and kill people," Morrow said. "The military is multi-faceted. Yes, we defend the country on foreign soil, but the military around here does so much for the local community, as well. We try to do our part. (Military members) tend to be people who want to give back."

Morrow has been active in "giving back" most of her life. She's been an active member of the Company Grade Officers Council and attended community service events such as St. Vincent's and Fisher House, and she was a member of several volunteer and service organizations throughout college and high school.

During her childhood, Morrow lived for 10 years in Alaska, where her mom was a nurse. Her dad worked as an air



Air Force photo

Giving back is nothing new to Brooks ambassador

traffic controller and was a bush pilot. He gave her a love of flying.

Morrow has a pilot's license and wants to pursue flying in the Air Force. A four-month deployment, during which she became friends with several aviators, encouraged her to pursue her goal of flying for the Air Force.

"I've gotten a lot of support," Morrow said, "and will jump at the first opportunity to fly that comes my way."

Her dream of flying induced her to ask for an extension to stay at Brooks so she could learn more about becoming a pilot before she has a permanent change of station. Fortunately, Morrow is more than happy to stay at Brooks.

"Brooks has a very interesting history," she said. "It's an interesting place to be right now with all the changes. Not much physically has changed, but you can sense that changes are occurring, and will occur in the future. I'm excited to be here in the midst of the transition."

During her stay at Brooks, largely through her work as an ambassador, Morrow has learned about the history of Brooks and how that history still affects the base. She had the opportunity to assist and narrate for a group of reetired aviators celebrating their 60th Anniversary of graduating pilot training at Brooks who had flown missions around the world during World War II.

Morrow also had the chance to meet with community leaders and the ambassadors from the other bases.

"A better bunch of people you couldn't ask for," Morrow said about her ambassador counterparts. "They are completely diverse. I think we worked very well together."

Morrow's personality helps her to work well with most people. Her dedication to the military and American ideals make her especially beneficial to the Air Force. She asked for assignments to places that most people consider hardship tours and would volunteer for deployment whenever the military asks.

"I don't like sleeping in tents, I don't like 140 degree heat, I don't like sand in all my food, but that's why I joined," Morrow said. "I like that whole 'oo-rah' mentality. I'd deploy again. I'd deploy tomorrow."

Until she does deploy, she'll happily represent Brooks as an ambassador.

"I would definitely recommend (being an ambassador)," Morrow said. "I was like 'what the heck? This is a good way to get out in the community.' It can really satisfy a lot of different needs, but you've got to like people."

The needs served are not only the personal needs of the ambassadors, but also those of the military and the community. Morrow filled all the needs of everyone.

"I just want to be serving my country," Morrow said. "I don't care in what capacity, and I'll volunteer for just about anything that comes my way."



Tunnel vision:

Base's underground maze serves dual purpose

By Rudy Purificato

311th Human Systems Wing

They are marvels of engineering and foresight, Cold War era relics that link Brooks' historic past with its scientific future. Hindsight suggests that this labyrinth of interconnecting underground passageways beneath the base's original core of scientific buildings truly has given 'tunnel vision' a favorable connotation.

"These tunnels were part of the master plan for 'The Hill' that put utilities underground. Their secondary purpose was to serve as bomb shelters," said Ray Hernandez, former 311th Air Base Group's Simplified Acquisition Based Engineer Requirements chief.

Construction of this subterranean infrastructure began around 1957, two years before the U.S. Air Force School of Aerospace Medicine re-located to Brooks from Randolph Air Force Base.

The tunnels originally served USAFSAM's building complex primarily located in the '100 area,' nicknamed the 'The Hill' because of the terrain elevation.

Today, the maze of 4,000 lineal feet of tunnels continues to provide a conduit for electrical, natural gas, chilled water and communication service to 17 buildings this network connects.

"The average size of the tunnels is 7.5 feet high by 7.5 feet wide," Hernandez explained, noting that some

tunnels are as deep as 20 to 30 feet.

Built primarily of reinforced concrete, the tunnels feature a series of ventilation shafts, a lighting system and directional signs at each intersection to prevent visitors from getting lost.

Many of the tunnels connect to building basements, some of which had previously served as fallout shelters stocked with water and hard candy.

"We used to eat the candy, which had to be replaced. There was also bottled water in an assembly point below Bldg. 150," recalls 311th Communications Squadron employee Iris Seals, who first ventured into the tunnels in 1965.

"We used the tunnels all the time, (especially) when it was raining. It really saved a lot of time walking through them when the weather was bad," said Seals, who from 1965-1970 was responsible for mail distribution.

Retired 311th Human Systems Wing protocol chief Hazel Holden remembers encountering more than just stored tunnel supplies.

She said, "We used to get bats in the basement of Bldg. 125. It was frightening."

Tunnel vents were the primary access for these and other creatures that included raccoons, opossums, mice and cats.

"I had no qualms about walking down there," says Seals, admitting, however, one tense moment.

"One time the lights went out. It was pitch black. I started to run back toward the light from the ventilation shaft." Seals quickly learned that she was the victim of a practical joke.

However, no one considered it a joking matter when 3,000 people crammed into the tunnels and building basements during a base-wide exercise that simulated a nuclear attack.

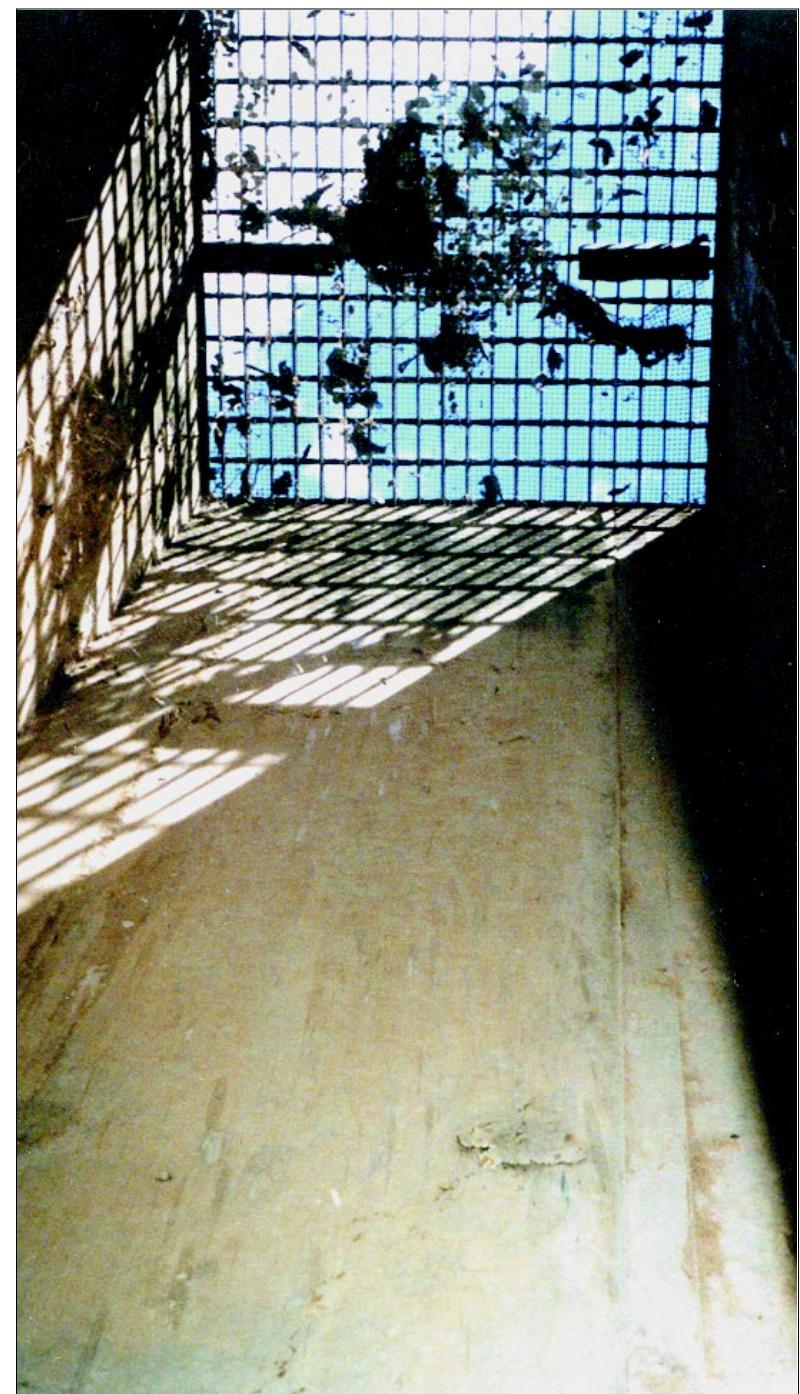
"We used these tunnels for a base-wide recall on a Saturday in 1986," said Herb Klein, who at the time was the Air Base Group commander.

The fortress-like maze was designed to accommodate the entire base population of 4,000 people, explained Klein. The tunnel system was also engineered to protect people from radiation fallout.

Brooks leaders wanted to answer some very important questions during this unprecedented base-wide recall below ground.

"We wanted to know if the recall roster was accurate and to test organizational oversight among people from various organizations who piled into the tunnels," said Klein, who today works at Brooks City-Base as a senior analyst for KARTA Technologies World, Inc.

The doomsday scenario not only tested exercise participants' survival and organizational skills, but also raised some key is-



Photos by Rudy Purificato

One of many air shafts provides ventilation to the tunnels under Brooks.

sues.

"We had water in barrels, candy and food stored down in the tunnels, but sanitation was a real challenge," recalls Klein.

During the half-day exercise tunnel denizens used basement restrooms.

Participants also found out that, in the event of a real world nuclear attack, the tunnels would shelter only base employees, not dependents.

Enhancing the exercise realism were Occupational and Environmental Health personnel who monitored fallout levels with radiation detectors and dosimeters.

"Filters were (even) set up at the (tunnel) vents and monitored," recalls Klein.

By 1989, the tunnels were declared off-limits to everyone except key maintenance and communications workers, primarily due to the potential danger posed by the possibility of asbestos insulation.

That problem is being resolved by an asbestos abatement project launched in April 2000.

The tunnels are permanently closed to all unauthorized personnel.

"It's still considered a

hazardous environment," Hernandez said, referring to dangers other than possible asbestos. While dim lighting, ceiling obstructions and protruding pipes make the tunnels an undesirable tourist destination, some areas allegedly have a reputation for being downright spooky.

Hernandez hesitatingly said, "One of the tunnels is believed to be haunted."

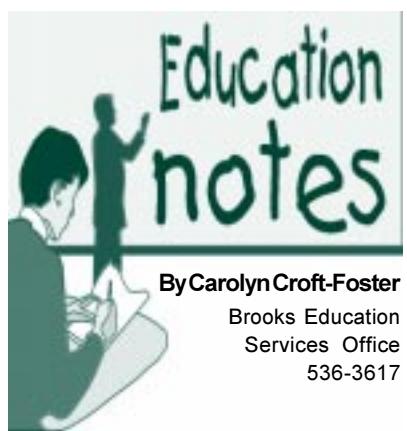
A 'ghost lady' supposedly lurks beneath Bldg. 186, but there are no known confirmed sightings of this alleged apparition.

What history has confirmed is the tunnels' utilitarian value to Brooks.

"They've served the building complex quite well and have met both criteria they were designed for. From a historical standpoint, the idea (for creating them) was well executed," Klein said.



At every tunnel intersection, a building locator sign helps prevent travelers from getting lost.



By Carolyn Croft-Foster
Brooks Education Services Office
536-3617

ROTC briefing today

The ROTC detachment from Southwest Texas State University is scheduled to brief on various scholarship programs available to active duty airmen today at 1 p.m. in Bldg. 537. These programs are 2-4 years in length and lead to an Air Force commission. All airmen are invited to attend.

For more information, call 536-3618.

Flex 2 registration

Palo Alto College On-Base classes begin Oct. 21. The courses at Brooks include: Speech, Man and His Environment, English, and Algebra. Registration is currently underway at the Palo Alto campus.

Tuition assistance is pend-

ing release of fiscal 03 funding, but requests for assistance are being taken.

Contact Education Services for additional information about registration or to schedule an appointment.

CCAF advanced standing students

Students wanting to complete their CCAF degree for the Spring 2003 graduation should enroll in courses that will be completed before February 2003.

Flex 2 courses are available with the Alamo Community College District and at Park University.

To schedule an appointment with an Air Force educational guidance counselor, call 536-3617.

Excelsior College essays

Students wishing to take an Excelsior College Essay Exam Dec. 6 need to request their exam by Nov. 1.

Regular CLEP and DSST testing are available every Friday at 8 a.m. by appointment only. Call 536-3617 to reserve a seat or order an exam.

Schedule an appointment with an Air Force educational guidance counselor today.

CCAF Fall graduates

The following Brooks members graduated from the Community College of the Air Force during a graduation ceremony at the U.S. Air Force School of Aerospace Medicine Oct. 11: Brian Ancil, Davey Bass, Frank Bernardo, Angelica Broner, Anthony Burleson, Richard Charles, Jose Colunga, Jeffrey Compton, Warren Coxon, Elizabeth Dahlquist, Pete Davis, Homer Gifford, Christina Gonzales, Bruce Grimsley, Louis Hand, Teri Head, Edward Hill, Laurel Hinrichsen, Thomas Hornstrom, Sherry Ingram, Milo Jenkins, Peter Kennett, Crystal Kiessling, Timothy Kronk, Letizia Lufrano, Alvaro Magana, Monica Mandichak, David Martin, Samantha Massey, Curtis McGehee, Michele McGrinson, Jennifer Miller, Keith Morgan, Kenyon Nessel, Angela Newby, Mary Nichol, Tony Odom, Renee Patterson, Buck Richardson, John Rodriguez, Rosemary Roe, Ronald Sankeralli, Barry Sasse, Elvin Soto, Darren Staggers, Michael Tasista, Victoria Tillis, Michael Timko and Linda Weaver.

Congratulations Brooks' graduates.

Program gives veterans chance at teaching

By Lanorris Askew
Warner Robins Air Logistics Center Public Affairs

ROBINS AIR FORCE BASE, Ga. — Experience is said to be a good teacher and so are veterans according to a Troops to Teachers program representative who spoke recently, hoping to re-energize people for the cause.

Bill Kirkland said the Troops to Teachers program went through an eight-year period where funding wasn't available. This year, however, under the no child left behind act, funding is again allocated to the program so "it has been re-energized."

Troops to Teachers is a co-operative effort between the U.S. Department of Education and Department of Defense. It provides referral and placement assistance to service members seeking a second career as educators in public schools.

According to Kirkland, 4,100 veterans teach across the U.S.

Program goals include providing second careers for veterans, providing role models for students and helping alleviate teacher shortages, he said.

"I think there's no greater calling in life than a teacher," said Kirkland. "There's certainly

a definite need for teachers in America today and I think the military, retired military specifically, have a lot of talents they can transfer to the teaching field."

Kirkland said it's exciting to help people who want to teach to get there.

"It's surprising the number of people who I talk to who have always thought they would like to teach, but didn't know how to get there from where they are," he said. "This program really helps them to chart that course."

Kirkland said for those who participate in the program, a stipend of not more than \$5,000 is authorized to assist in attaining their teacher certification. A \$10,000 bonus is authorized for participants who teach in a high needs school.

"Those participants who accept the financial aid commit themselves to three years of teaching," he said. "Those who accept the \$10,000 bonus must teach at least three years in a high needs school."

"I'm here to help people who have a desire to become teachers," he said.

For more information on the Troops to Teachers Program, contact Kirkland at 800-745-0709 or by e-mail at: bill.kirkland@gapsc.com.



Elf Louise project seeks volunteers **Santa Clauses wanted:**

Have past Christmases seemed to be lacking that special "spirit?" This year, get into the spirit of Christmas by volunteering for the Elf Louise Christmas Project.

Last year, Elf Louise volunteers gathered, wrapped, and personally delivered more than 50,000 toys to nearly 9,000 families in the Bexar county area.

This year the project is located in the old Montgomery Wards building in McCreless Mall. Help is needed in several areas.

From Oct. 21 through Dec. 5, individual volunteers are needed to help with office tasks, warehouse set-up and a wide range of miscellaneous work necessary to get the project started.

Project offices are usually open from 9 a.m. to 9 p.m. Monday through Saturday.

From Dec. 5-13, help wrap more than 50,000 gifts. Helpers are also

desperately needed to stock toy shelves and organize wrapped gifts in the warehouse. A lot of people want to wrap, but not many want to move boxes of toys.

Wrapping hours are 10 a.m. to 9 p.m. Monday-Saturday, and noon-6 p.m. Sundays. Walk-in individual volunteers are always welcome. Groups of volunteers must pre-register to ensure enough room for everyone.

Dec. 15-23 is your chance to play Santa Claus. Teams of friends, family and co-workers can deliver toys to 6-10 families. Santa suits are ready to go.

Santa briefings are held daily from Dec. 5-13 at 7 p.m. Monday-Saturday and at 2 p.m. Sundays.

For more information, call the Elf Hotline at 224-1843, extension 200, or contact Sharon Earley at 536-2825, or by email at:

Sharon.Earley@brooks.af.mil.

U.S. celebrates 12th annual National Disability Employment Awareness Month

In 1945, Congress designated October as National Disability Employment Awareness Month to educate the American public about disability and employment issues. The law declared the first week in October each year as "National Employ the Physically Handicapped Week."

In 1962, the word "physically" was removed to acknowledge employment needs and contributions of all disabled individuals. In 1988, Congress expanded the week and changed the name to National Disability Employment Awareness Month.

The Office of Disability Employment Policy, has the lead in NDEAM activities to increase public awareness of contributions and skills of American workers with disabilities. Various programs throughout the month also highlight specific employment barriers that still need to be addressed.

In his proclamation, President George W. Bush said, "Much work remains to be done, for many individuals with disabilities still find it difficult to pursue an education, obtain a job, or own a home. My administration remains committed to helping

America's more than 50 million disabled persons to obtain meaningful work and to achieve the ADA's promise of equality of opportunity, independent living, and economic self-sufficiency. Last year, I announced my New Freedom Initiative to promote these goals. It is a comprehensive plan that fosters the full participation of people with disabilities in all aspects of American life."

The initiative provides increased access to technologies, expands educational options, increases access to gainful employment, and promotes full access to community life.

"My administration continues to enforce the ADA and is working with employers to build partnerships that support creative job accommodations and provide all Americans with meaningful and successful careers. Breaking down barriers requires this kind of cooperative, sustained, and consistent effort. We must continue to work for an America where all individuals are respected for who they are, celebrated for their abilities, and encouraged to realize their full potential and achieve their dreams," Bush added.



Family tradition inspires deployed noncommissioned officer

By Airman 1st Class Tarkan Dospil
379th Air Expeditionary Wing Public Affairs

OPERATION ENDURING FREEDOM (AFPN) — The word "family" speaks to the hearts of everyone. When some think of family, they think of an old home, a childhood memory or a relative. When Staff Sgt. Ernesto Diaz thinks of family, he thinks of the U.S. military.

A food service specialist with the 379th Expeditionary Services Squadron at Al Udeid Air Base, Qatar, Diaz is the fifth generation of his family to join the military.

"I never thought I would serve," he said. "Looking back at my family's history, I suppose it was inevitable."

Diaz has had family in every branch of service except the Coast Guard. His father served in the Army, a cousin in the Navy, his uncle was a green beret in the Army's special forces and another

cousin served in the Marine Corps.

Diaz is carrying on the tradition and is the first to serve in the Air Force.

The New York City native was always surrounded by the military. Diaz remembers when he was only 7, his uncle would come home and tell stories of jumping out of planes and eating wild animals in the jungle.

"He was like a movie hero," said Diaz, deployed to Al Udeid from Grand Forks Air Force Base, N.D. "He always told me about the amazing things he'd do. His uniform was always sharp; he was very proud of it."

Diaz said it was his father who motivated him to serve his country.

"My father served in Vietnam and saw his friends killed," he said. "He survived, and I think eventually that was what inspired me to join."

While in high school, Diaz became interested in the technology used by the military, especially during Operation Desert Storm.

"We all thought the military tradition in the family had died, as no other members of my family had joined in the 90s. I had no interest whatsoever until the Desert Shield/Desert Storm conflict," he said.

Diaz is keeping his family tradition alive serving at Al Udeid in the war on terrorism. It is a service that he is more than willing to do.

"I'm originally from New York City, and was devastated to see the World Trade Center towers being destroyed," he said.

"To know my enemies are no longer across long distances is extremely scary. At the same time, I know my time to fight is now. And being deployed to Al Udeid, I know all the field exercises I've participated in are going to finally pay off."

His wallet contains a small photo of his father in uniform, a reminder of why he serves.

"My inspiration really comes from

my biggest idol, my father," he said. "Knowing that he was face-to-face with the enemy, wounded in combat, saw so many of his peers die, yet still be alive to tell the stories lets me know that one day victory will come to our side in the war on terrorism."

Though he does not fight on the front lines, Diaz is proud of his work for the services squadron. He contributes to the mission by preparing and serving meals for deployed Al Udeid warfighters.

"I may not jump out of planes or see combat face to face like my father," he said.

"I may not work with the most advanced gadgets or instruments as my cousin did in the Navy, and I may not brag about my job being the best as my uncle used to. But I feel I am part of the best, and my job here is as important as anyone else's," he said.

I take pride in feeding the people of Al Udeid."



DISCOVERY
Oct. 18, 2002

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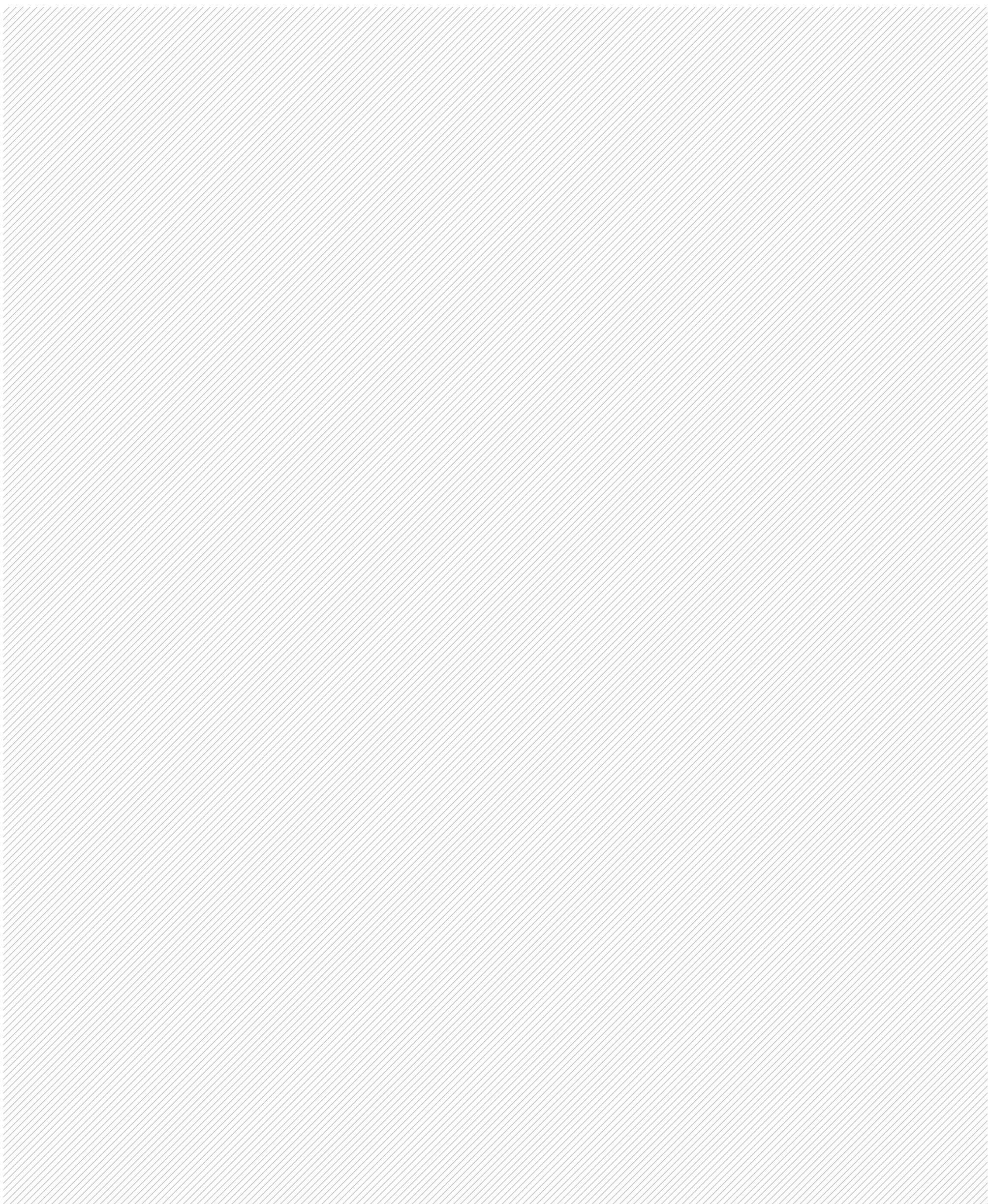




Photo by Staff Sgt. Alfonso Ramirez Jr.

And they're off...

Members of the Brooks community turned out in force for a 5k Fun Run/Walk Oct. 16. The event recognized the integration of the 311th Medical Squadron's Health and Wellness Center and the Fitness Center, run by the Services Division. A memorandum of agreement outlines the integration of the two organizations at Brooks. Although the facilities remain separate, the HAWC and Fitness Center joined programs in an effort to provide better services to Brooks personnel.



Sports

War of words flare as Chiefs, Eagles prepare for diamond dare

By Rudy Purificato

311th Human Systems Wing

The "Boys of Summer" they're not, but come Oct. 25 a softball team composed of chiefs and no Indians plans an uprising by "popping" some colonels in the heat of Indian Summer's Squadron Challenge competition. For the Chiefs Group's slings and arrows of outrageous fortune rest on their intention to fry a few eagles with enough sizzling play to cook the latter's collective goose.

Not since Gen. George Armstrong Custer's chief scout mistakenly advised, "I think they're friendly Indians" has there been a venue in which an opposing force has been duped into believing that their challenger is incapable of inflicting much harm.

Squadron Challenge's premiere event, a 2 p.m. showdown between two rivals who are competing against one another in softball for the first time in Brooks sports history, has generated enough rhetoric to make even Shaquelle O'Neill cringe.

"Where do chiefs get their feathers? From plucked 'bald' eagles," says the biggest chief on base, Darlin "Big E" Evans. Col. Stuart Cowles counters, "We plan to be a team of 'impact players,' by crashing into people."

The pre-game war of words sets the stage for a festival of frivolity, in which event organizers hope will become a popular annual Squadron Challenge competition supported by the Brooks community.

Besides bragging rights, the winner of this contest plays an all-star women's team in the second half of a doubleheader, punctuated by a luau featuring a roasted pig.

"Both sides have also agreed that the losing team will donate \$250 to the Combined Federal Campaign," said Cowles, 311th Human Systems Wing vice commander who predicts his team will win by at least five runs.

Cowles credits the fitness center staff for their idea, which further fuels the rivalry that already exists.

"This is 'spanking' season for colonels. We're going to get them back for the volleyball debacle," said Chief Ken Darner. Three years ago, the colonels suckered the chiefs into playing a volleyball contest, in which



Photos by Rudy Purificato

"Hot Corner" defender Richard Hollins tags out fellow chief Mike Smith during the Chiefs Group softball practice.

they clobbered their unsuspecting opponents primarily on the strength of a former Air Force Academy player's dominating performance.

This time, the chiefs are not taking any chances. They've been practicing with reckless abandon. Evans said, "We know we have a competitive team. We're going to have some real fun beating the colonels like a drum."

The chiefs' squad is a frightening mix of talent and guile. It features four players from the U.S. Air Force School of Aerospace Medicine: Jeff Akers in left field, Richard Hollins at third base, Jim Cahill at first base, and reserve player Louise Sloan. The remaining starters include 311th Mission Support Squadron's Darner in right field; 311th Human Systems Program Office's Al King at second base; short centerfielder Mike Smith from the 68th Information Operations Squadron, shortstop Steve Smith from the 311th Security Forces Squadron; pitcher Eddie "Little E" Martinez from the Air Force Institute for Environment, Safety and Occupational Health Risk Analysis; and outfielder-coach Evans.

The chiefs will also rely on their powerful tandem of 311th Human Systems Wing Commander Brig.



Chief Ken Darner slugs a pitch from teammate Al King during the Chiefs Group batting practice in preparation for their Squadron Challenge match against a rival eagles squad Oct. 25.

SPORTS SHORTS

Evans' retirement

golf tournament
slated for Oct. 24



In honor of Command Chief Master Sgt. Darlin "Big E" Evans' retirement, a golf tournament is scheduled for Oct. 24 at the Brooks Golf Course. Teams of four will compete in the Florida Scramble, beginning with a shotgun start at noon. Cost is \$30 per person and includes fees, golf cart, and a package containing two mulligans, two throws and three feet of string. Additional items may be purchased at \$2 each or three for \$5 for mulligans and throws, and \$1 per foot of string. Prizes will be awarded to first, second, and third place, longest drive and closest to the hole. Registration and a barbecue luncheon begin at 11 a.m. at the base picnic area, pavilion 1. Contact Chief Master Sgt. Voreda Sloane at 536-1552 or Master Sgt. Daniel Radke at 536-3018 for more information or to register early.

Military invited to West Point vs. University of Houston game

The U.S. Military Academy plays the University of Houston tomorrow, Oct. 19, in Houston.

The West Point superintendent has invited all military services to attend as a show of military spirit and unity. Game time is 7 p.m. at John O'Quinn Field in Houston.

Personnel interested in attending should contact Services Marketing at 536-8057 for information about the availability of discounted group tickets and travel services including airfare, rental car and hotel reservations. More information is also available on the website at: cougartickets.uh.edu.

HAWC Health Tips

Easy five-a-day tips — steps toward better health

Most people eat about three servings of fruits and vegetables a day. The following tips can help build your fruit and vegetable intake up to the minimum of five a day:

— Start the day with fruits and vegetables. A 6-ounce glass of juice and a banana or berries on cereal can provide a low-fat, high-fiber head start.

— Fruits and vegetables are portable and provide quick flavor and energy. Pack an apple, a bag of carrot sticks, raisins, or apricots as a snack.

Keep fruits and vegetables within easy reach. Make sure they are clearly visible in the refrigerator. Store favorites in plastic bags. If you see it, you may be more likely to eat it.

Stock up for the week. Keep a variety of fresh, frozen and canned choices in the cupboard or refrigerator.

The microwave is a quick and easy way to cook vegetables while preserving nutrients. A potato in the microwave at the end of a hectic day makes for a quick meal. These easy tips can help you to meet the five-a-day challenge and can lower the risk of cancer, heart disease and other health problems.

American Dietetic Association



AFIERA defeats golf 'bridesmaid' for title

By Rudy Purificato

311th Human Systems Wing

Golfers, like photographers, usually smile when asked to "look at the birdie." Yet it wasn't a Kodak moment for the 311th Communications Squadron intramural team, again denied a championship as runners-up "bridesmaid" when they watched the Air Force Institute for Environment, Safety and Occupational Health Risk Analysis rely on a birdie for their 'winged victory.'

AFIERA dashed any hope that the upstart golf communicators may have harbored when Pete LaPorta and Dave "The Hands of Stone" Villarreal's combined play led to a 12-foot birdie putt on the third playoff hole to win the base championship Oct. 3.

The victory was especially sweet for AFIERA in avenging last year's humiliating first-round loss to the tournament fourth seed Comm Squadron,

which defeated the 2001 intramural league champs with a birdie in a four-hole playoff.

The 'deja vu' episode began for Comm Squadron, again seeded fourth, when they stunned tournament number one seed and league champ Services in the first round. Tied after 18 holes, the opponents played to a sudden death standstill when the match was halted due to darkness. The following afternoon, Jerry Gibson's 18-foot putt propelled Comm Squadron to the championship match.

AFIERA, meanwhile, needed five extra holes against the Air Force Center for Environmental Excellence to advance to the title round. Bolstered by Marty Baugher and Chris McLaren's first round play, AFIERA was fully prepared for a re-match against the team that ended their championship dreams last year. However, this year's Comm Squadron team differed from last year's squad with Ray Thibault and Jerry Gibson completing the foursome that included returning veterans Tom Kuhn and Tom Ray. Kuhn shook his head in disgust after his team accepted the second place trophy, saying, "I wanted to win it (base title) before I PCSed."



Photo by Rudy Purificato

Tech. Sgt. Tom Kuhn tees off on the first hole of the 311th Communications Squadron's intramural golf tournament championship round against the Air Force Institute for Environment, Safety and Occupational Health Risk Analysis. Kuhn's team lost to AFIERA in the intramural championship.